

The Search for Spiritual Disciplines



Solitude Week 6

Kids' Booklet

**An Adventure to Find the
Solitude Gem**



Created By

Professor Whoopie's Kids Bible Stories

www.professorandfriends.com



Chapter 1: Welcome to the Adventure!	3
Activity: Quiet Time Picture	3
Chapter 2: The Big Idea: The Solitude Gem	3
Activity: Solitude Tree	3
Chapter 3: Fun Song: I Like Jesus Best	3
Activity: Song Dance	3
Chapter 4 Memory Verse with JV the Bible Junkie	
Activity: Morning Prayer Drawing	3
Chapter 5: Object Lesson: Sitting in God's Presence	3
Activity: Quiet Box	3
Chapter 6: Professor Whoopies Lesson	4
Activity: Stillness Practice	4
Chapter 7: Comic Adventure: Finding the Solitude Gem	4
Activity: Dream Journal	4
Chapter 8: Ollies Wrap Up: A Few Examples	4
Activity: Bible Hero Card	4
Chapter 9: Credits	5
Final Activity: Solitude Plan	5

Chapter 1 Welcome to the Adventure!

Hi, kids! I'm Laura. Today's story is about Solitude a regular practice for believers to connect with God, refresh, and prepare for ministry, like Jesus did. Psalm 46:10 says, Be still, and know that I am God, encouraging quiet trust. Its a wise, beneficial habit for growth!

Activity: Quiet Time Picture Draw a peaceful spot where you can be alone with God. Write Be Still on it.

Chapter 2 The Big Idea: The Solitude Gem

Clyde: Hello! Danny and I share why the Solitude Gem matters. Danny: Why is it important? What are the benefits? Clyde: Solitude grows us spiritually, offering rest, reflection, and renewal. It deepens our connection with God. Danny: It ties to Meditation and Gods Word all connect! Clyde: Time to prepare for our adventure!

Activity: Solitude Tree Draw a tree with branches for rest, reflection, and renewal. Add leaves with prayers.

Chapter 3 Fun Song: I Like Jesus Best

Get ready for the fun song countdown! "I Like Jesus Best" by Jim Wideman Friends, sung by The Littles and The Quad Band. Sing about loving Jesus!

Activity: Song Dance Create a simple dance move for the song. Practice it while singing.

Chapter 4 Memory Verse with JV the Bible Junkie

Greetings! I'm JV. Our verse is Mark 1:35 (NIV): Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed. Jesus prayed alone showing us to seek God quietly!

Activity: Morning Prayer Drawing Draw Jesus praying at dawn. Write the verse to memorize it.

Chapter 5 Object Lesson: Sitting in Gods Presence

Hi, kids! I'm Bill. Our noisy world distracts us. Solitude means quiet time with God. Listen, don't talk. Rest in His presence for Him to speak.

Activity: Quiet Box Decorate a small box to hold quiet time items (Bible, journal). Write Listen to God on it.

Chapter 6 Professor Whoopies Lesson

PW: Greetings! Solitude versus noise, God want's us to be still (Psalm 46:10). Rest in God's presence. **PF:** Jesus withdrew to pray (Mark 1:35), prepared in wilderness (40 days), rested after ministry. **PW:** Luke 6:12 Jesus prayed all night before choosing disciples. **PF:** Matthew 14:13solitude brings us refreshment for us. Solitude is for growth, preparation, rest.

Activity: Stillness Practice Sit quietly for 2 minutes. Write what you felt or heard from God.

Chapter 7 Comic Adventure: Finding the Solitude Gem

Narrator: Hi, Samantha! Explorers seek Solitude Gem at Solitude Cave. Clue leads to rest; they need so badly. So all of them fall asleep. They all are dreaming of the angel explaining rest for future challenges. After they wake up, Danny finds the gem. They head back to camp. Solitude offers rest, renewal, and allows us to hear God's voice.

Narrator: Solitude is a gift for growth and listening to God, as well as resting in Him.

Activity: Dream Journal Draw your dream cave scene. Write a prayer for rest and guidance.

Chapter 8 Ollies Wrap Up: A Few Examples

Hi, Ollie! That was wild! Moses (40 years, burning bush), Jacob (wrestled at Jabbok), Peter (rooftop vision), Paul (Arabia) all found solitude with God!

Activity: Bible Hero Card Make a card for one hero (e.g., Moses). Draw them in solitude and write their story.

Chapter 9 Credits

Thanks to the team! Visit www.professorandfriends.com.

Final Activity: Solitude Plan

Plan a 5-minute daily solitude time. Write where and when you'll be still with God.



Created By
Professor Whoopie's Kids Bible Stories
Check out our website
www.professorandfriends.com